

Behavioral Healthcare Among Individuals with I/DD: A Canary in the Coal Mine

A CLINICIAN'S PERSPECTIVE

Benjamin Margolis, M.D.

Introduction

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Brief Introduction

Currently providing neuropsychiatric care for adults with intellectual and developmental disabilities at

Access: Supports for Living
Orange County, NY

No disclosures

Board Certified in Neurology and Psychiatry

Board Member, American Academy of Developmental Medicine and Dentistry (Treasurer)

Member, OPWDD Medical Advisory Task Force for the Developmental Disability Advisory Council

Member, Special Olympics New York Health Advisory Council

AGENDA

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

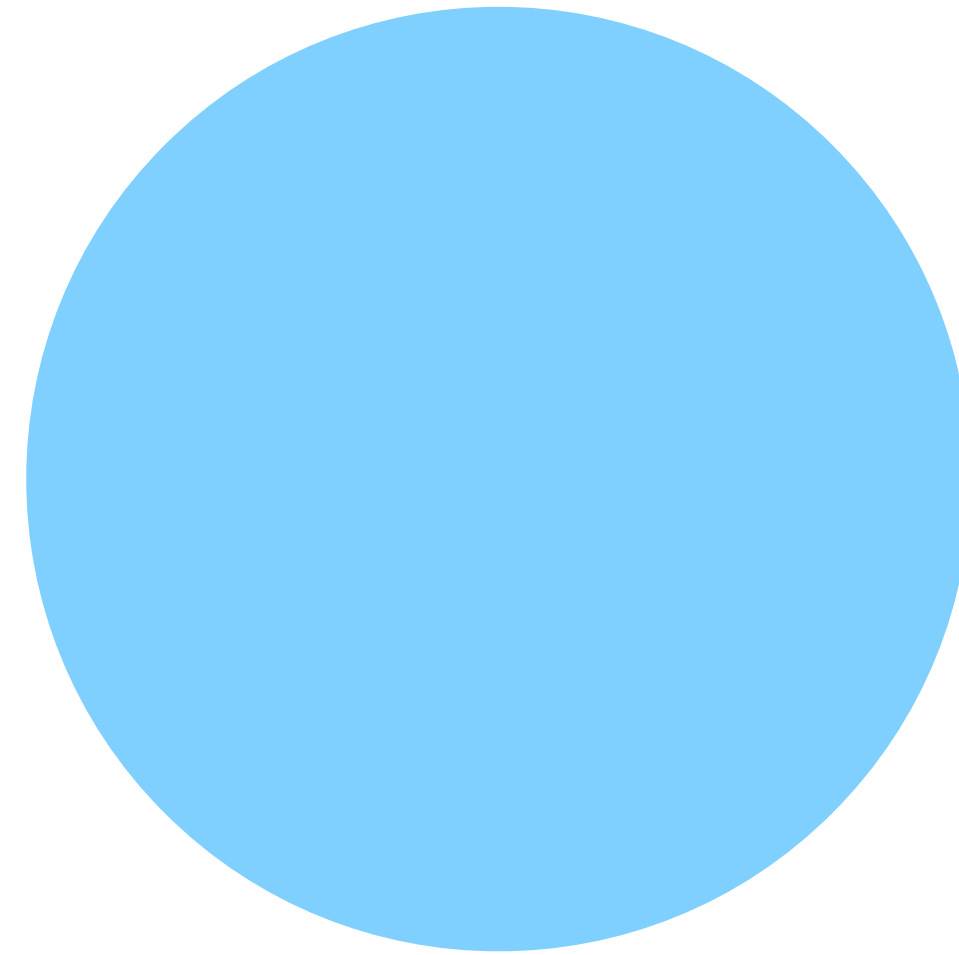
- INTRODUCTION -
- CURRENT CARE DELIVERY -
- OUTPATIENT CHALLENGES -
- INPATIENT CHALLENGES -
- CRISIS CARE MANAGEMENT -
- CROSS-SYSTEM BASED OPPORTUNITIES - DE-SILOING OF CARE
- OVERALL SOCIETAL CHANGES NEEDED -

A FRAMEWORK FOR ASSESSMENT MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

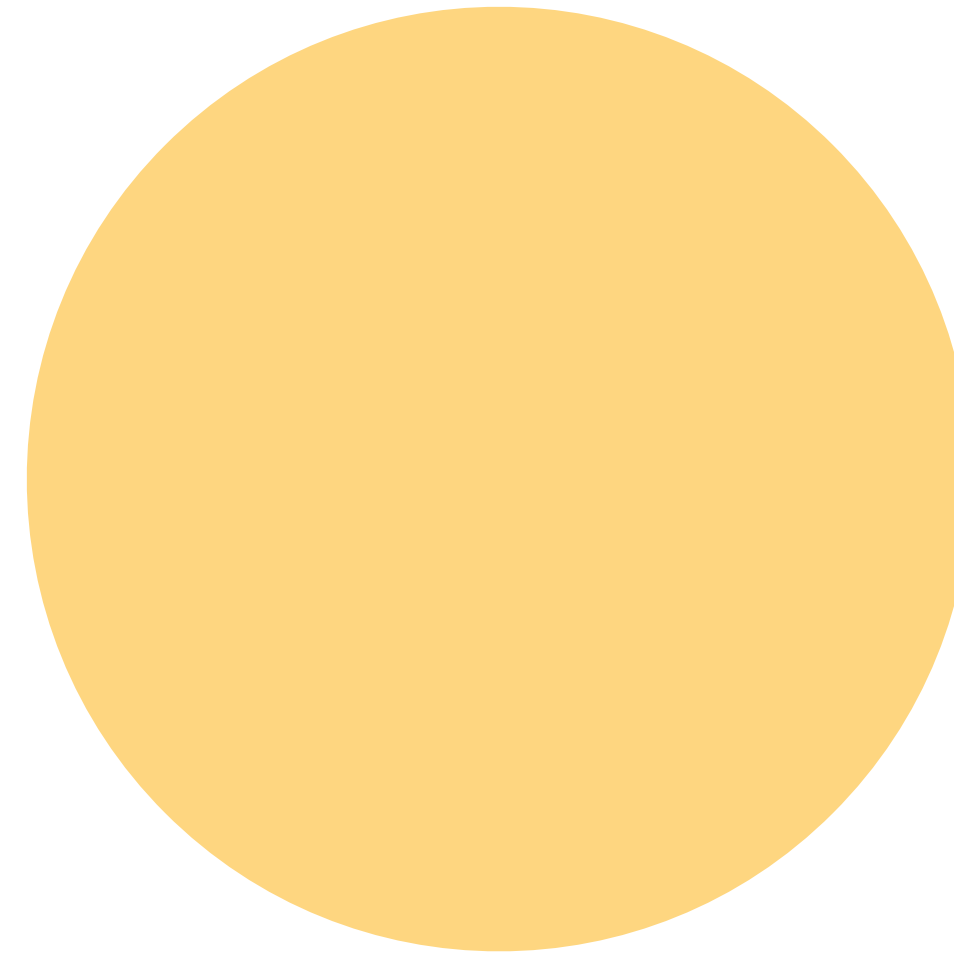
A FRAMEWORK FOR ASSESSMENT

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

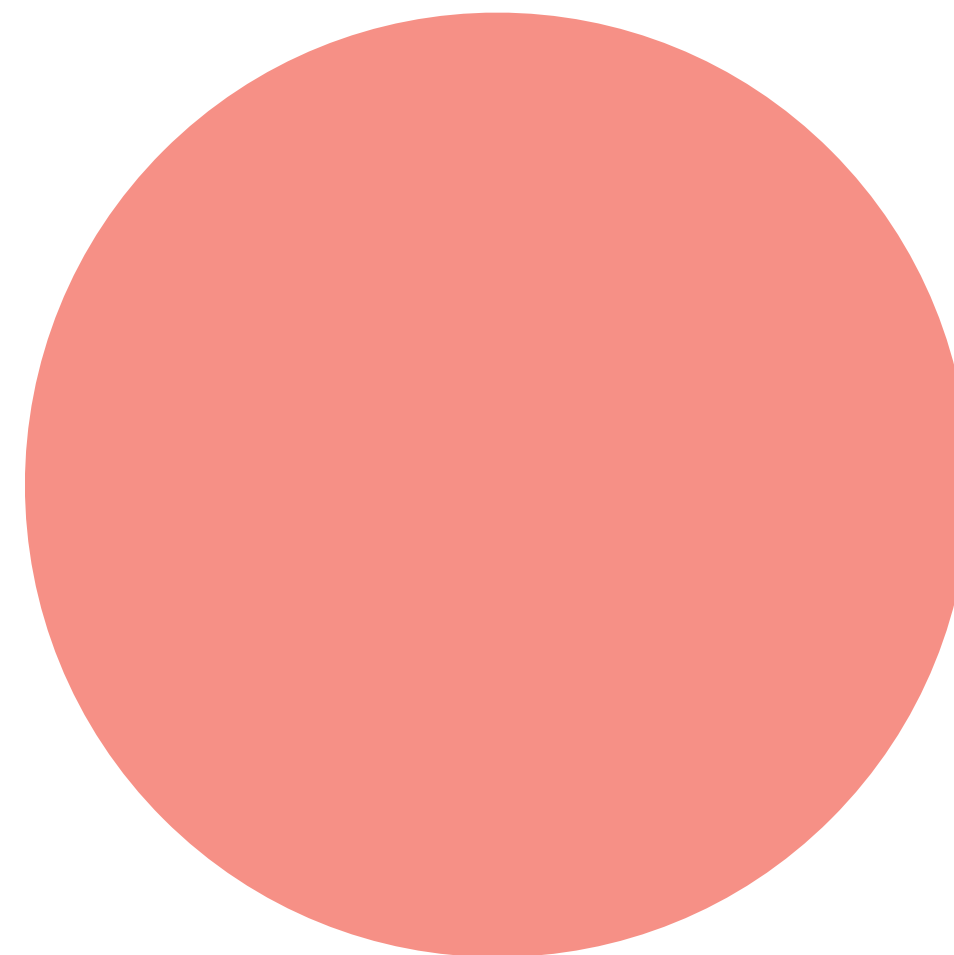
Medical and
Neurologic
Contributors



Social/
Environmental
Factors

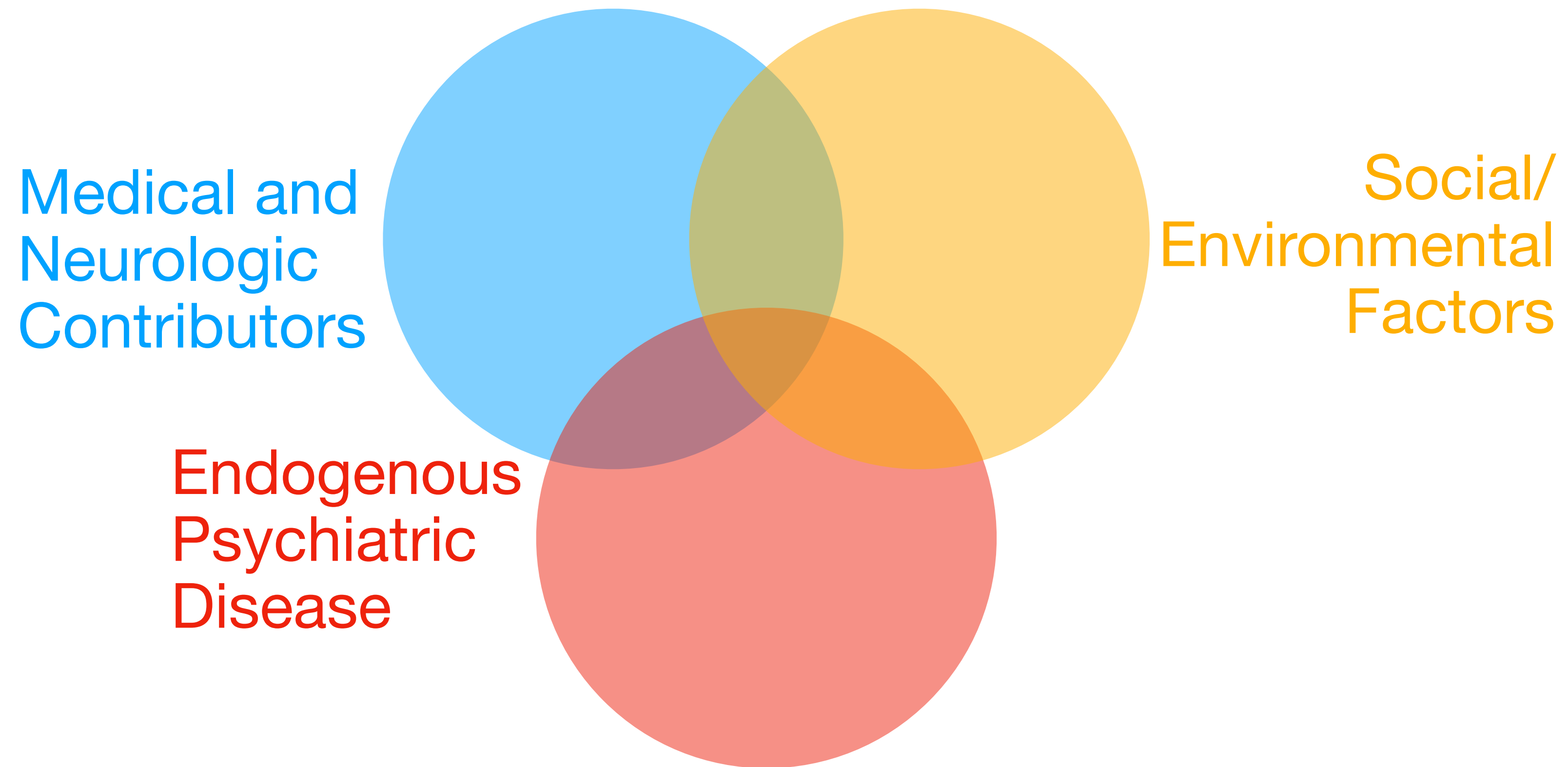


Endogenous
Psychiatric
Disease



A FRAMEWORK FOR ASSESSMENT

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD



OUTPATIENT STANDARD OF CARE

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

- TEAM APPROACH NEEDED
- OFTEN REQUIRES GREATER TIME THAN GENERAL POPULATION
- INPUT NEEDED from FAMILY, BEHAVIORAL CLINICIANS, MEDICAL TEAM AND DIRECT CARE STAFF to understand a behavior
- SOLVING A PUZZLE - NEEDS MULTIDISCIPLINARY APPROACH

OUTPATIENT STANDARD OF CARE

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

- A Typical Visit - IDEAL vs. MOST COMMON PRESENTATION

OUTPATIENT STANDARD OF CARE

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

- CHALLENGES AND OPPORTUNITIES FOR AGENCY STAFF
- NADSP Curriculum -
- Training for Direct Care Staff to be medical and psychiatric liaisons

OUTPATIENT STANDARD OF CARE

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

- CHALLENGES AND OPPORTUNITIES FOR INDIVIDUALS LIVING WITH FAMILIES
- Training for CARE MANAGERS to be medical and psychiatric liaisons

RISKS OF FRAGMENTED CARE

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

- DURING MEDICAL ADMISSIONS -
- CCO OPPORTUNITIES FOR TRANSITIONS OF CARE
COORDINATION ONGOING
- BEHAVIORAL AND PSYCHOTROPIC REGIMENS OFTEN
INADVERTENTLY CHANGED BY TEAMS -

CRISIS CARE DIFFICULTIES

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

“Where 10% of your patient panel take more than 50% of your time.”

CRISIS CARE CHALLENGES

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

- BARRIERS TO HEALTHCARE
- HIGH RISK BEHAVIORS AND INJURIES
- ROOT CAUSES -

**ALL OF OUR EFFORTS APPEAR TO BE DOWNSTREAM FROM TRUE
ROOT CAUSES**

CRISIS CARE CHALLENGES

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

CASE EXAMPLES - CASE 1 “HE’S IN A SUPERVISED SETTING.”

CRISIS CARE CHALLENGES

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

CASE EXAMPLES - CASE 2 “WE CAN’T PROVIDE CARE FOR THAT TYPE OF INDIVIDUAL.”

CRISIS CARE CHALLENGES

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

LACK OF INPATIENT CARE AVAILABILITY - OVERALL BED
SHORTAGE

From an Inpatient Provider Perspective

From an ER perspective

“IT’S JUST BEHAVIORAL...” is NOT a reason to deny inpatient care!

CRISIS CARE CHALLENGES

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

**DOWNSTREAM ROOT CAUSE - NO STANDARDIZED OR REQUIRED
I/DD COMPETENCY IN MEDICAL EDUCATION**

(WHAT MY FIELD CAN DO)

- It is possible to become a board certified psychiatrist without seeing a single patient with I/DD**
- ER Physicians DON'T HAVE I/DD SPECIFIC TRAINING.**

CRISIS CARE CHALLENGES

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

LACK OF EDUCATION ON PART OF PROVIDERS

- NATIONAL CURRICULUM INITIATIVE IN DEVELOPMENTAL MEDICINE (info at www.aadmd.org)
- Core competency and exposure now required in dentistry
- WILL BE COMING IN MEDICINE

CRISIS CARE CHALLENGES

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

IN THE INTERIM - WHAT CAN WE DO NOW???

- WHAT DO WE DO HERE?
- Limited outpatient options.
- Limited inpatient options.
- How can we stabilize these patients?

CRISIS CARE CHALLENGES

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

CURRENT RESOURCES

- CSIDD - a clinician's experience
- MMH and Mobile Support Teams - bring to ER, then back home.
- OPPORTUNITY TO REDUCE SILOING

CRISIS CARE CHALLENGES

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

CURRENT RESOURCES - COMING RESOURCES

- CRISIS RESPITE BED EXPANSION**
- OMH/OPWDD COLLABORATIVE OPPORTUNITIES FOR COMPLEX CARE**
- EDUCATION (NICHE MEDICAL AND DENTAL)**
- CSIDD/NYSTART Expansion**
- I/DD ACT TEAM**

CRISIS CARE CHALLENGES

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

HOW THIS IMPACTS OUR SYSTEM

- GOOD CRISIS CARE CAN HELP OLMSTEAD IMPLEMENTATION**
- Lack of crisis care impedes individuals living independently and de-incentivizes agencies from moving people out of IRA/congregate beds

CRISIS CARE CHALLENGES

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

HOW THIS IMPACTS OUR SYSTEM

- GOOD CRISIS CARE CAN HELP OLMSTEAD IMPLEMENTATION
- WHAT PEOPLE AREN'T SUPPOSED TO SAY BUT THEY DO -
- Concerns for lack of resources to be able to stabilize patients coming into congregate settings impedes transitions to independent living.

CRISIS CARE CHALLENGES

MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

- Will there be a Zach's Law?
- Can our field utilize ADA to require any mental health providers and hospitals to provide adapted and inclusive care?



Zachary Chafos

OVERALL SOLUTION - UNIVERSAL CULTURAL COMPETENCE MENTAL AND BEHAVIORAL HEALTHCARE OF ADULTS WITH I/DD

FUNDAMENTAL UPSTREAM SOLUTION

Behavioral Healthcare Challenges Mirror and exemplify fundamental problem of vestigial ACCEPTANCE OF DISCRIMINATION

**DEI/INCLUSION INITIATIVES IN ALL BUSINESS AND HEALTHCARE
SETTINGS ARE NEEDED**

Resources for Support

Neuropsychiatric Care of Individuals with I/DD

AADMD (American Academy of Developmental Medicine and Dentistry) - aadmd.org

NADD (National Association for the Dually Diagnosed) - thenadd.org

ANPA - (American Neuropsychiatric Association) - anpaonline.org

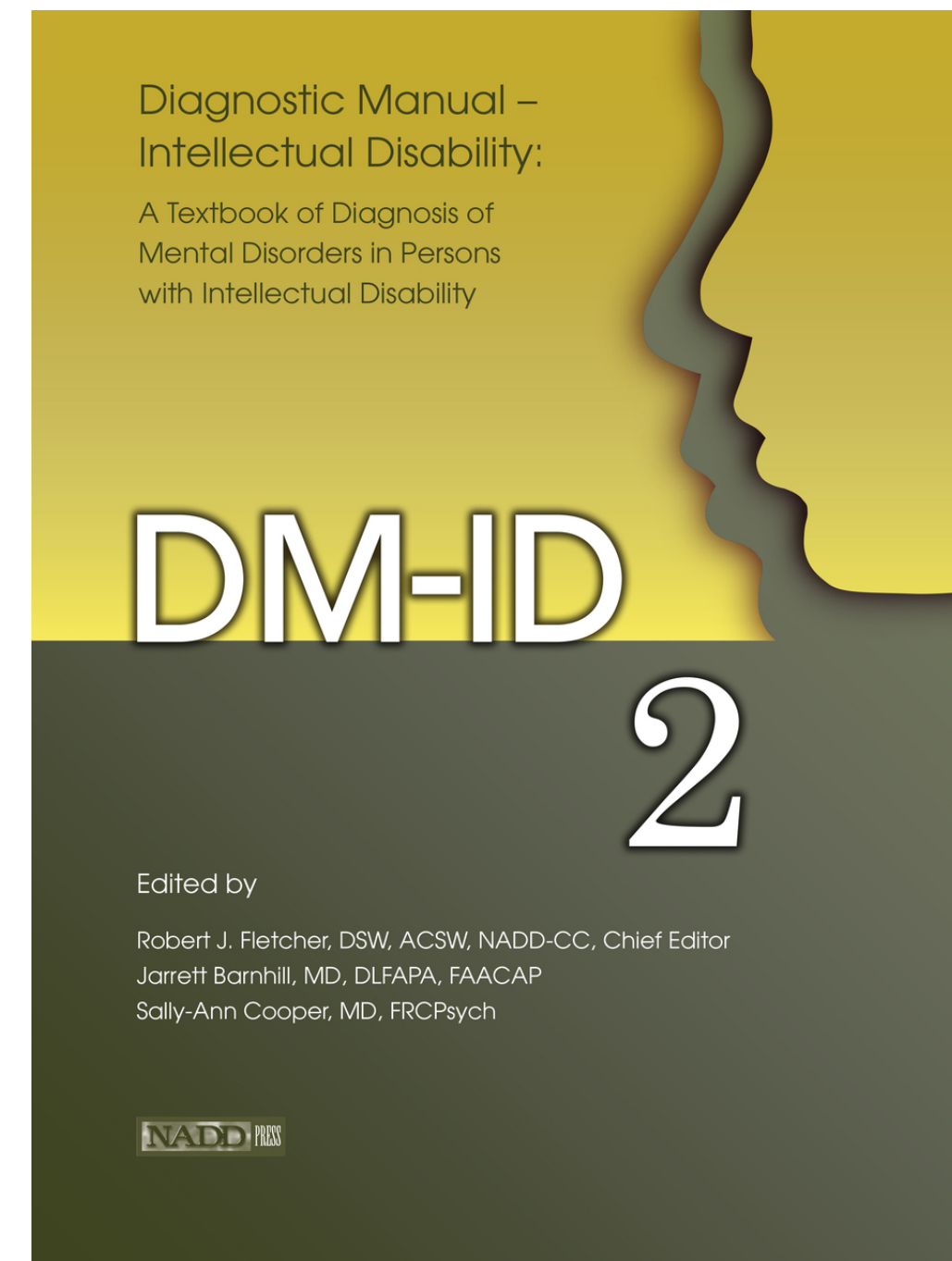
AAN (American Academy of Neurology) - aan.com

APA (American Psychiatric Association) - [psychiatry.org](https://www.psychiatry.org)

Resources for Support

Neuropsychiatric Care of Individuals with I/DD

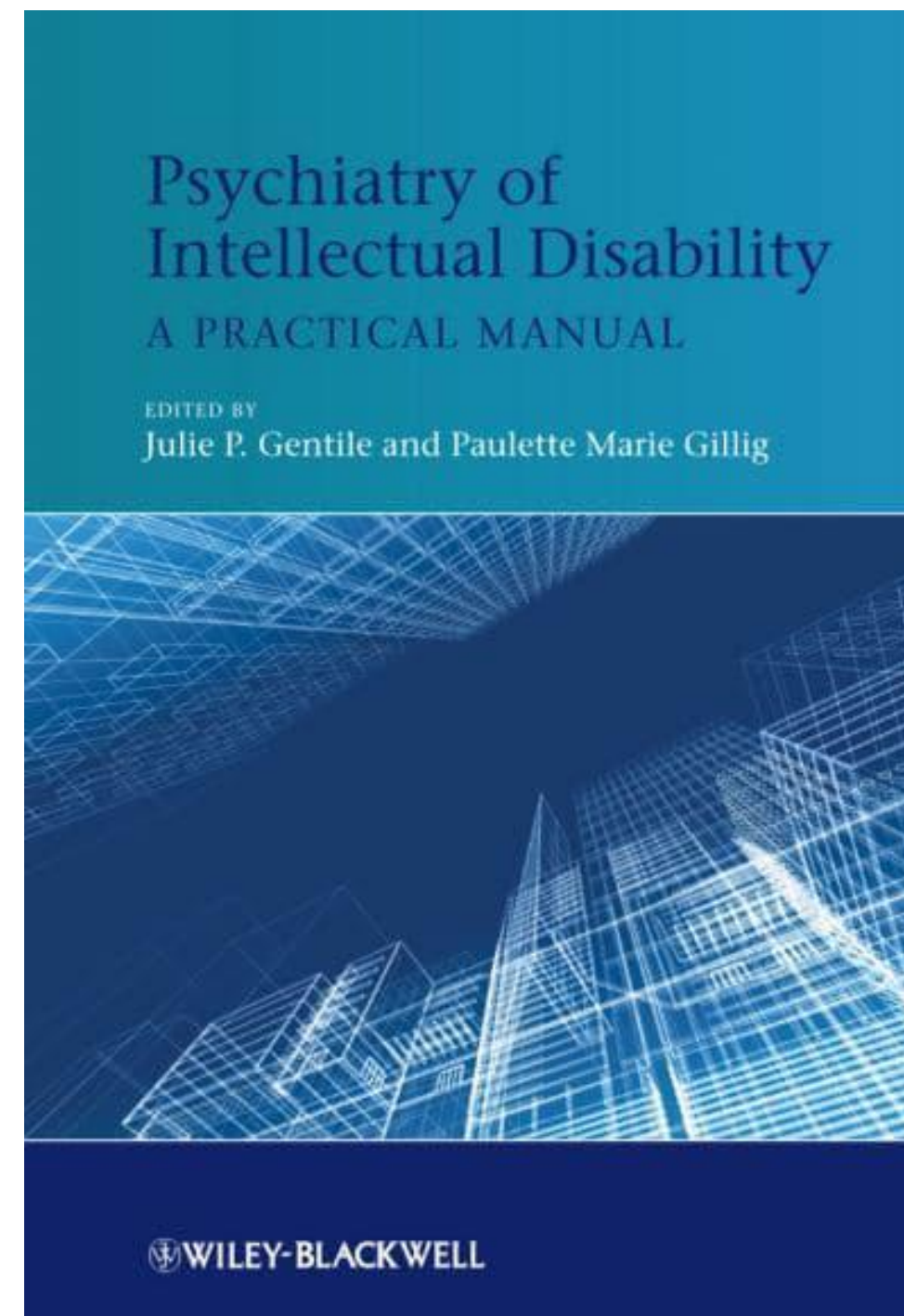
- ▶ DM-ID 2 - Diagnostic Manual in Intellectual Disability - NADD Press, 2018



Resources for Support

Neuropsychiatric Care of Individuals with I/DD

- ▶ Psychiatry of Intellectual Disability, 2012 Wiley-Blackwell



PLEASE CONTACT ME - I'M ON BOARD TO TEAM UP!!!

bmargolis@asfl.org

benjamin.margolis@gmail.com

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