

A group of business professionals in a meeting. A woman in a grey blazer is pointing at a tablet held by another person. A man in a dark suit and tie is also looking at the tablet. There are coffee cups on the table. The background is a bright office with windows.

Cultural Competence with the I/DD Population

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The Psychologist Role



DEFINITION

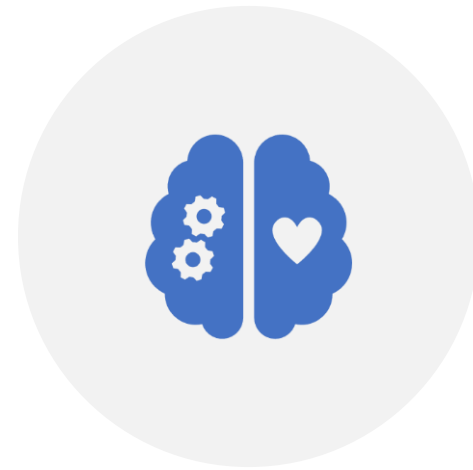


PRINCIPLES

The Family Role

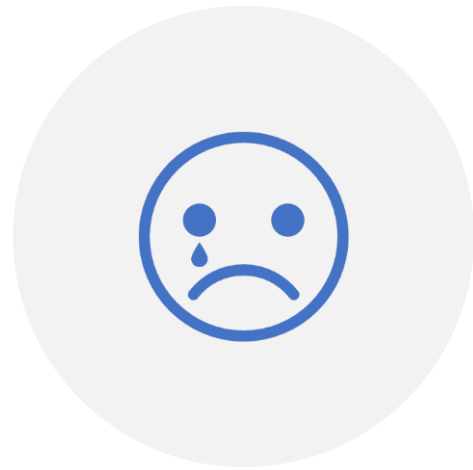


STRATEGIES



EXTERNAL FACTORS

Preserving Mental Health

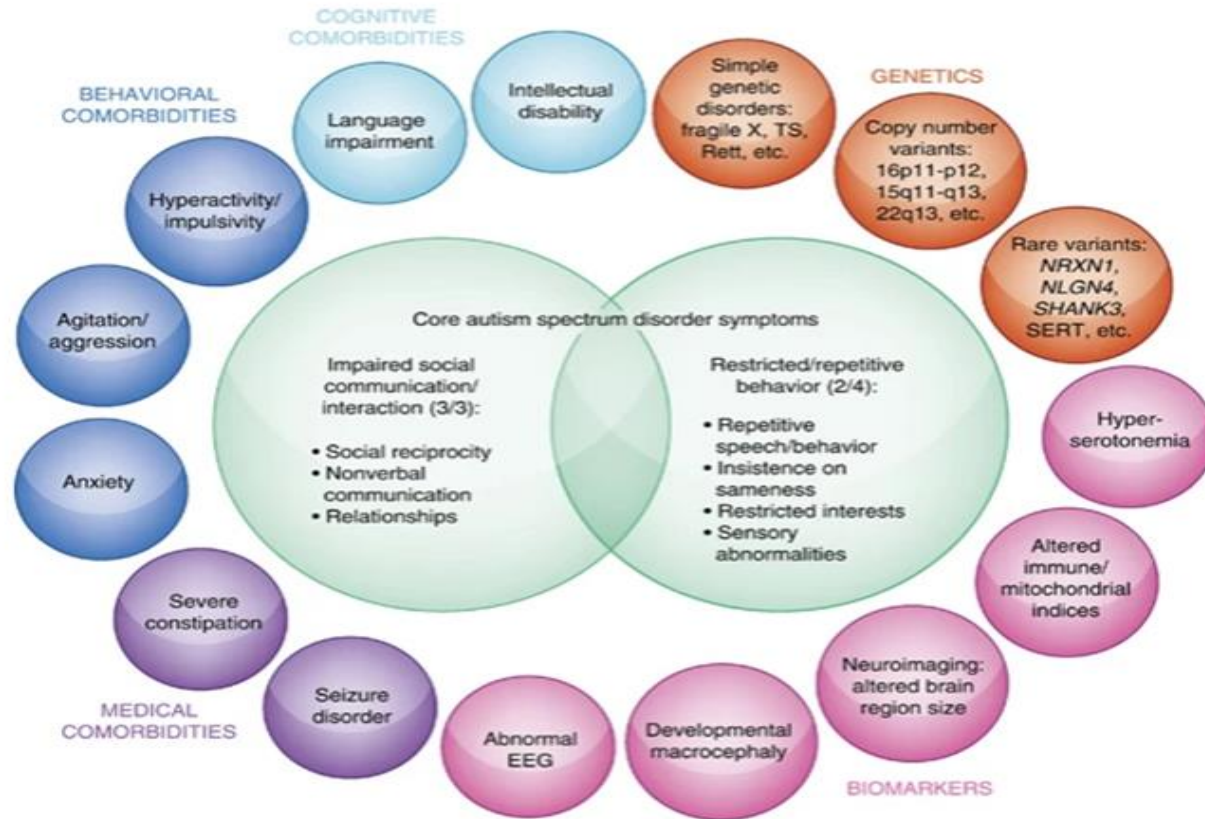


COPING



SUPPORT

Comorbidity Data Flow Diagram



The Three As of Autism Spectrum Disorder

The Three A's of Autism:



AWARENESS

- Autism Speaks
- Recognize characteristics.
- Advocate.
- Develop trusting relationships with individuals with autism.

ACCEPTANCE

- Parents go through this stage of shock and then gathering of information; "let's get rid of it."
- Around teenage years, parents accept characteristics.
- Maybe this is something we can work with and accept them for what they are.
- Doing "with" instead of "to."

APPRECIATION

- Value people on the spectrum for who they are.
- Companies hiring specific characteristics and what individuals with ASD can contribute.

Cultural Competence



DEFINITION



CULTURAL AWARENESS

Person-Centered Planning vs. Cultured Centered Planning



DEFINITION



SOCIAL ACCEPTANCE

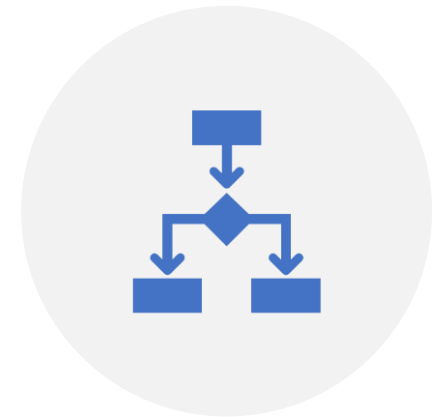
Cultured Centered Planning



DEFINITION



DESIRED OUTCOMES



COMPROMISE

Elements of Cultural Competence

Developing Goals

Psychological Approach

Misinformation

Treatment

Five Barriers to Cultural Competence

Five causes of cultural barriers

1. Language
2. Stereotypes and prejudices
3. Signs and symbols
4. Behaviors and belief
5. "Us" versus "them" (ethnocentrism)

How to become Culturally Competent



Education



No Judgement



Commitment



Devaluation



References/ Resources

- Agaronnik, N., Campbell, E. G., Ressalam, J., & Iezzoni, L. I. (2019). Exploring issues relating to disability cultural competence among practicing physicians. *Disability and health journal*, 12(3), 403–410. <https://doi.org/10.1016/j.dhjo.2019.01.010>
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- Gregg J. & Saha S. (2006). Losing culture on the way to competence: the use and misuse of culture in medical education. *Acad Med*. Jun;81(6):542-7. doi: 10.1097/01.ACM.0000225218.15207.30. PMID: 16728802.

THANKS



for nothing! for everything!